

SPONSORS

*as of November 30, 2010



South Carolina

BlueCross BlueShield of South Carolina is an independent licensee of the Blue Cross and Blue Shield Association



WAIVER: In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assigns, and anyone entitled to act on my behalf, release and discharge St. Lawrence Place and the sponsoring churches of Race for the Place, event sponsors, their representatives and successors, promoters, managers, directors, officials, agents, employees and volunteers of Race for the Place, from any claims of injury or liabilities of any kind, illnesses or damages suffered by me, as a result of participation in or traveling to and from this event. I hereby certify that I am in the physical condition and have the skill level needed to safely complete these events. I also give my permission for the free use of my name and/or picture in any broadcast, telecast, or other written account of the event.

Signature: _____ Date: _____
(Parent of Guardian if child is under 18)



St. Lawrence Place

5K Run & Kid's Fun Run

5K Race and Children's Fun Run to Benefit St. Lawrence Place Saturday, February 12, 2011 8:30a.m.

The mission of St. Lawrence Place is to provide support services, life skills, and transitional housing to enable homeless families to achieve independent living as productive members of the community.

www.stlawrenceplace.org



St. Lawrence Place

5K Run & Kid's Fun Run

2400 Waites Road
Columbia, South Carolina 29204
www.stlawrenceplace.org

St. Lawrence Place is the primary program of Trinity Housing Corporation, a not-for-profit 501(c)(3) organization.

ST. LAWRENCE PLACE

“a place of hope, healing, and change”



St. Lawrence Place is a community of 30 homes, providing programming and transitional housing—for up to 2 years—to qualifying homeless families with children. More than bricks and mortar, St. Lawrence Place provides the structure, training, and support that families in crisis need to regain their independence.

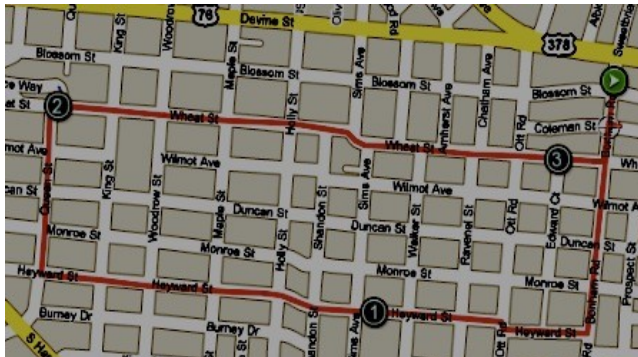
Sponsoring congregations:

- St. Joseph’s Catholic Church
- Trinity Episcopal Cathedral
- Eastminster Presbyterian
- Shandon Presbyterian
- Shandon United Methodist
- Trenholm Road United Methodist
- St. John’s Episcopal Church

Location

St. Joseph’s Catholic Church

The Start and Finish Line is located on the corner of Bonham and Blossom St.



Saturday, February 12, 2011

8:30 a.m. -5k run/walk

9:30 a.m. – Children’s Fun Run (approx. time – Fun Run will begin 15 minutes after 5k is complete)

5K Run/Walk

The course will be fast and flat through Shandon. The certified course will start and end at St. Joseph’s Catholic Church with Fun Run on St. Joseph’s school grounds. Finish line will be provided by Strictly Running.

Course Certification # [SC03017BS](#)

Race is a part of Columbia Running Club’s Tour de Columbia www.colarunclub.com.

Children’s 1 Mile Fun Run

All participants will receive a T-shirt and a Prize for completing the race. Open to children under 12.

Awards Information

Top Three Overall (male/female): \$75, \$50, \$25

Top Male and Female Masters: \$50

Age Group Awards

Teams: Cross country scoring will be utilized – top four times are counted but teams must be registered before Jan. 27.

Packet Pick-up

Race packets will be available on the morning of the race beginning at 7:30a.m. near the start line.

INDIVIDUAL REGISTRATION

Registration is available online at StrictlyRunning.com or by completing and mailing registration form to St Lawrence Place 2400 Waites Road Columbia, SC 29204.

ADVANCED REGISTRATION

5K Run \$25

5K Walk \$25

Children’s Fun Run \$10

(open to children under 12 and includes t-shirt)

REGISTRATION after January 26, 2011

5K Run \$30

5K Walk \$30

Name: _____

Address: _____

Phone: _____

Email: _____

Age: _____ Birthday: _____

Male Female (circle one)

Adult T-Shirt Size: Small Medium Large X-Large (circle one)

Children’s T-Shirt Size: Small Medium Large (circle one)

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