

30th Annual Shandon Turkey Trot 8K & 4K

The 30th annual running of the Shandon Turkey Trot 8K and 4K will be held on Saturday November 19, 2011, at 8:00AM. This traditional neighborhood run is sponsored by the Shandon Neighborhood Council and is part of the Tour de Columbia.

SPONSORS: Many thanks to our current list of sponsors for this year's race:

PRESENTING:

Allstate - Jimmy Sauls Agency

PLATINUM:

- Ix1 Design, Inc.
- Abacus Planning Group
- Andy's Deli
- Anytime Fitness - Devine Street
- Brittons of Columbia
- Communication Management, Inc.
- Devine Eyes
- Devine Street Association
- Dr. Kris O'Neill -
Cosmetic & Family Dentistry
- El Burrito
- The Hand Educational Foundation
- Home Advantage Realty
- K.D.'s Treehouse
- Nexsen Pruet, LLC
- Palmetto Citizens Federal Credit Union
- Pupcakes Pet Boutique
- Riley Pope & Laney, LLC
- The Shop Tart
- Starbucks Five Points

GOLD:

- Gudmundson and Buyck Jewelers
- Rosewood Market

DATE: Saturday, November 19, 2011

EVENTS: 8K Road Race 8:00 AM; 4K Fun Run/Walk 8:00 AM

LOCATION: The start and finish is at Hand Middle School at the corner of Woodrow and Duncan Streets.

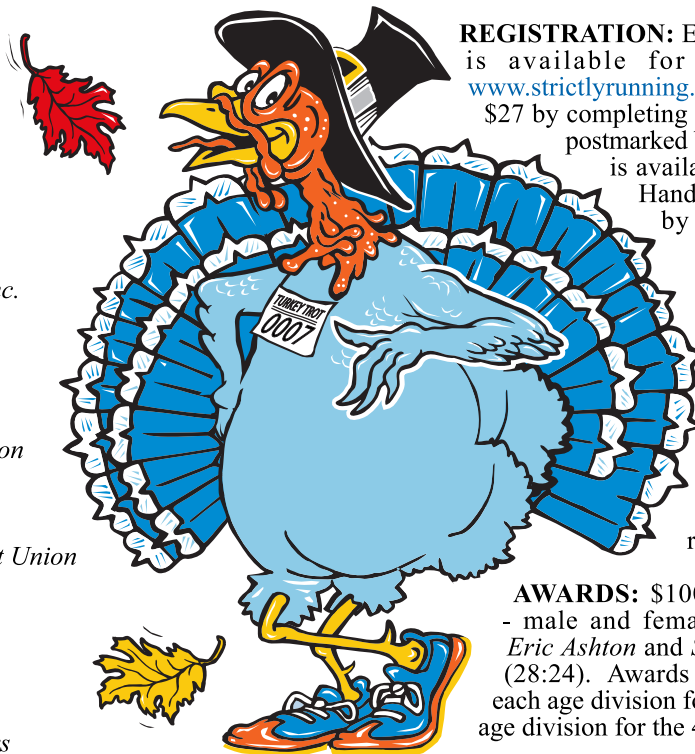
THE COURSE: The 8K is a USATF certified (#SC98014BS) double loop on the tree lined streets of Duncan, Queen, Monroe, and Prospect in the heart of Shandon. The 4K will share the first loop of the 8K course.

REGISTRATION: Early registration for the 8K and the 4K is available for \$22 by registering online at www.strictlyrunning.com by noon on November 18th or for \$27 by completing and mailing in the below entry form if postmarked by November 9th. Race-day registration is available for \$30 from 7:00AM-7:45AM at Hand Middle School on the day of the race by completing the below entry form.

EARLY PACKET PICK-UP is encouraged and will be available at *Strictly Running* in Five Points (736 Harden Street) from 11:00AM to 6:00PM on November 16-18.

RACE-DAY PACKET PICK-UP will be available from 7:00 to 7:45 AM at Hand Middle School the day of the race.

AWARDS: \$100 cash award for new course record - male and female. The course records are held by *Eric Ashton* and *Selwyn Blake* (24:15) & *Valerie Young* (28:24). Awards will be given to the top 3 finishers in each age division for the 8K and to the top finisher in each age division for the 4K.



Register early online at www.strictlyrunning.com for a discounted fee of \$22 or mail the completed form below (postmarked by Nov. 9th) for a fee of \$27.

Shandon Turkey Trot Entry Form



I realize this is a strenuous event which requires prior training and I release all sponsors, awards and prize donors, promoters, and officials of this event from all claims or damages arising out of my participation. I am in good health and proper physical conditioning to run a race of this length and type.

8K Race 4K Fun Run

Name _____

Age Race Day _____ Gender: M () F ()

Shirt Size Adult: S M L XL

Address _____

City _____ State _____ Zip _____

Phone _____

Runner's Signature

Date

Signature of Parent or Guardian (if under 18)

Fee enclosed: \$ _____

\$27 Early registration. \$30 Race-day registration

Check should be made payable to:

Shandon Neighborhood Council and mailed to:

Shandon Turkey Trot
736 Harden Street
Columbia, SC 29205

