

Run for Your Life 5K & 2 Mile Walk

Saturday April 7, 2012



Run / Walk Location

- ⇒ Newberry County Memorial Hospital front parking lot, 2669 Kinard Street, Newberry, SC
- ⇒ I-26 westbound: exit # 76; left off exit, right on Wilson Road/ US 76; left on Kinard Street
- ⇒ I-26 eastbound: exit # 72; right off exit; left on Wilson Road/ US 76; right on Kinard Street

Schedule Run/ Walk

Registration/ Packet Pick-up	7:00—8:00 am
5K Race/ 2 mile walk	8:30 am
Junior Jog	9:30 am
5K Race Awards Ceremony	9:45 am

Registration

- ⇒ On-line at www.strictlyrunning.com
- ⇒ On-line at www.NewberryHospital.org
- ⇒ In person at NCMH Wellness Center
- ⇒ Mon.—Thurs., 6 am—8 pm; Fri., 6 am—6:30 pm, Sat 8 am—Noon
- ⇒ Mail in registration form

Run for Your Life Info

- ⇒ **2012 Palmetto Grand Prix race**
- ⇒ Accurate timing services provided by iSMBJude, Inc. and Strictly Running
- ⇒ Certified 5K course: Certification Code: SC05015BS
- ⇒ Course Description: Road race, 100% paved, Altitude (meters above sea level) 152 start, 152 finish, 158 highest, 152 lowest. Configuration: complex of loops
- ⇒ Maps will be available on race day

Awards for Runners

\$100	1 st place overall male and female
\$50	2 nd place overall male and female
\$25	3 rd place overall male and female
\$25	1 st place overall male and female masters (40 & older)

First, second, and third place male and female group awards:

14-under	15-19	20-24
25-29	30-34	35-39
40-44	45-49	50-54
55-59	60-64	65-69
70+		

Overall winners are not eligible for age group awards

ENTRY FEES

Early entry by March 16th

NCMH Employees/ Active Medical Staff

Walker or Runner \$10.00 with t-shirt
Children 12 & under— Walk Free— no t-shirt

General Public

Runner \$25.00 with t-shirt
Walker \$12.00 with t-shirt

Late Entry March 17th-April 6th

Runner \$30.00
Walker \$14.00

Race Day April 7th

Runner \$35.00
Walker \$16.00

Packet Pick-up Friday April 6, 2012
@ NCMH Wellness Center
and on Race Day

Entry fees are non-refundable.
T-shirts for Early Registration Only

2012 Run for Your Life 5K/ 2 Mile Walk

Name: _____ Age (on race day) _____ Male _____ Female _____
Address: _____ City _____ State _____ Zip _____
Email: _____ Phone # _____
Emergency Contact (name) _____ (phone #) _____

Early Entry: Walker \$12	Late Entry: Walker \$14	Race Day: Walker \$16
Early Entry: Runner \$25	Late Entry: Runner \$30	Race Day: Runner \$35
NCMH Employees/Medical Staff Early Registration: Walk or Run: \$10		

Runner _____ Walker _____

T-shirt size S _____ M _____ L _____ XL _____ XXL _____ (child sizes upon request) **T-shirts for Early Registration Only**

WAIVER: In consideration of acceptance of this entry, I, for myself, my heirs, executors, administrators, and assigns, and anyone entitled to act on my behalf, release and discharge Newberry County Memorial Hospital, event sponsors, their representatives and successors, promoters, managers, directors, officials, agents, employees and volunteers from any claims of injury or liabilities of any kind suffered by me as result of participation in this event. I hereby certify that I am in physical condition and have the skill levels needed to safely complete these events. I also give my permission for the free use of my name and/or picture in any broadcast, telecast, or other written account of the event.

Runner's/ Walker's Signature _____

Date _____

Signature of Parent or Guardian (if under 18) _____

Make Checks payable to: NCMH Wellness Center, 2605 Kinard St., Suite 100, Newberry, SC 29108

(803) 405-7484